

Growing Kids God's Way - Touchpoints of Love for Your Children

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Do you know each family member's love language? Here is an exercise that we want you and your kids to try. Within each group, rate the sentence 1 to 5 according to what would make you feel most appreciated and loved. The number 5 represents what you most appreciate; number 1, in contrast, is what you least appreciate in each group. (No individual grouping can have a number repeated twice.)

Group One

- A___ Mom or Dad says, "You really did a great job on that. I appreciate it."
- B___ Mom or Dad unexpectedly does something in or around the house or your room that you appreciate.
- C___ Mom or Dad brings you home a surprise treat from the store.
- D___ Mom or Dad invites you to go on a walk just for fun and to talk.
- E___ Mom or Dad makes a point to give you a big hug and kiss you before you leave the house.

Group Two

- A___ Mom or Dad tells you how much he or she appreciates you.
- B___ Mom or Dad volunteers to type your homework for you so you won't have to.
- C___ Mom or Dad brings you home a special food treat from the local bakery.
- D___ Mom or Dad invites you to sit down and talk about your day.
- E___ Mom or Dad gives you a hug even when you are just passing by room to room.

Group Three

- A___ Mom or Dad during a party shares about the great grades you got in school.
- B___ Mom or Dad helps pick up your room.
- C___ Mom or Dad surprises you with a present you didn't know you were getting.
- D___ Mom or Dad surprises you with a special afternoon trip.
- E___ Mom or Dad holds your hand as you walk through the mall or stands by your side with an arm around your shoulder at a public event.

Group Four

- A___ Mom or Dad praises you about one of your special abilities.
- B___ Mom or Dad brings you breakfast in bed.
- C___ Mom or Dad surprises you with a book you always wanted.
- D___ Mom or Dad plans a special night out for the two of you.
- E___ Mom or Dad will personally drive you to an event instead of you having to go on the old, crowded bus with the team.

Group Five

- A___ Mom or Dad tells you how much his or her friends appreciate you.
- B___ Mom or Dad takes the time to fill out the long forms for school that you thought you were going to have to fill out yourself.
- C___ Mom or Dad sends you something special through the mail.
- D___ Mom or Dad kidnaps you for lunch and takes you to your favorite restaurant.
- E___ Mom or Dad gives you a back rub.

(Transfer your scores from your test questions to the scoring profile below.)

	Encouraging Words	Acts of Service	Gift-Giving	Quality Time	Touch
Group 1	A___	B___	C___	D___	E___
Group 2	A___	B___	C___	D___	E___
Group 3	A___	B___	C___	D___	E___
Group 4	A___	B___	C___	D___	E___
Group 5	A___	B___	C___	D___	E___
Totals	A___	B___	C___	D___	E___

Compare your score with your spouse/child/parent. Write down from the primary to the least of the love languages of each family member.

1. _____
2. _____
3. _____
4. _____
5. _____